



Jen Nash

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Biography

Jen is a transformational leadership and team coach, serving people to unleash and unlock potential, realize impact and consciously thrive in the complexity that life presents. One unique aspect of Jen's coaching is that rather than trying to reduce, avoid or remove complexity, Jen works with her clients to navigate through it by holding space for creative energy to emerge, and sparking what is possible for her clients

Jen is a heart-centered coach whose experience serving globally across corporate, academic, health care, non-profit and professional services environments has been developed over the past 20+ years. Jen started her career in business development for one of Canada's largest legal firms before she relocated to Asia to explore, learn and grow. Upon her return to Canada, Jen embarked upon an award-winning career in Sales & Marketing for various multinationals before she transitioned into the fields of Adult & Organizational Development and became a Certified Coach.

The last few years of Jen's career have provided an opportunity to work in enterprise transformation, serving leaders and teams on their individual and collective journeys towards integral leadership, holding space for innovation, adaptation and growth. Part of Jen's success in transformation coaching is underpinned by one of her degrees in adult education and development, which she completed a few years back alongside her mother!

Jen is an ICF-accredited Professional Certified Coach (PCC) and a CoActive Certified Professional Coach (CPC). She also has expertise in Systemic Team Coaching (AoEC), Organizational and Relationship Systems Coaching (CRR Global) and Agile Coaching (IC-Agile). Jen is a certified practitioner of The Leadership Circle, BeWellLeadWell and Integrative Enneagram with augment her foundational degrees spanning science, humanities & business.

CERTIFICATIONS

**Leadership Circle
Profile™ 360
Assessment**

**Collective
Leadership™
Assessment**

**Academy of
Executive Coaching**

**Embodiment
Coaching**

**Positive Intelligence
Coach**

**Team Performance
Coach**

**Organization and
Relationship
Systems Coaching
(ORSC)**

**Adult Education
(Delivery)**

iEQ9 (Enneagram)

**Positive Intelligence
(PQ) Saboteur**

**The Five
Dysfunctions of a
Team**