



Patrick Murphy

PCC, CPCC

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Biography

Patrick Murphy is a leadership coach and facilitator based in Brooklyn, NY. He is known for his unwavering enthusiasm and spirit to help leaders succeed.

Patrick's coaching style is direct, and supplemented with a strong, nurturing instinct. He has a desire to find and hold the highest possible outcomes for all his clients. Patrick's training style leans heavily on audience participation and surfacing knowledge already in the space. As a trainer, he views his role as 'filling gaps' - supplementing vast ranges of career and life experiences his audiences hold. In both realms, Patrick's endless supply of enthusiasm and his passion for the power of positive framing never fails to enliven clients' attitudes.

Organizations served include Capital One, McKinsey & Co., Walmart Marketplace, AARP, CNN, Bloomberg Industry Group, 3M, Dow Jones & Company, TEGNA, Aramark, ServiceNow, Princess Cruises, Vital Voices, USAID, University of Maryland, American Chemical Society, National Industries for the Blind, and Bauducco Foods.

Patrick has partnered with Capital One on a variety of high-impact initiatives; the initial roll-out of Capital One's People Leader Training Program, creating a world-class People Leader culture enterprise-wide; training, coaching and certifying Capital One's internal peer-to-peer coaches, developing robust internal coaching capabilities across the enterprise; co-developing Capital One's Facilitator Train-the-Trainer course, and certifying internal facilitators in the McLean, Richmond, Plano, Wilmington, New York and Toronto offices, in support of Capital One's internal 'Core- Competency' training roll out.

Other highlights include: delivering extensive communication and presentation trainings for McKinsey & Co. employees; facilitating TEGNA's Executive Leadership Program, training selected General Managers and functional VPs for larger leadership roles; partnering with AARP's Emerging Leaders Strategic Engagement Employee Resource Group (ELSEERG), delivering cohorts of training and coaching on subjects ranging from personal resilience to mentorship; and delivering multiple trainings for Princess Cruises on skillsets of high-performing teams. His coaching clients have held positions from presidents and senior vice presidents through first-time managers.

Patrick is certified through The Co-Active Training Institute (CPTI) and is accredited by the International Coach Federation (ICF). He also serves as Adjunct Faculty at Georgetown University for the Leadership Coaching Graduate Certificate Program in the Institute of Transformational Leadership. Patrick is a graduate of the Co-Active Leadership Program and is certified to administer and provide feedback for the Leadership Circle Profile, Key Polarity Indicator 360 (KPI), and the EQi2.0 360. He has completed training in leadership, polarities and paradox, neuroscience and mindfulness.

CERTIFICATIONS

**The Leadership Circle
Profile™ 360
Assessment**

**EQ-I 360 Certified
Practitioner**

**Key Polarity
Indicator (KPI)
Assessment**

**EQ-I 2.0 Certified
Practitioner**

**Co-Active Training
Institute Leadership
Facilitation Training**

Leadership 360